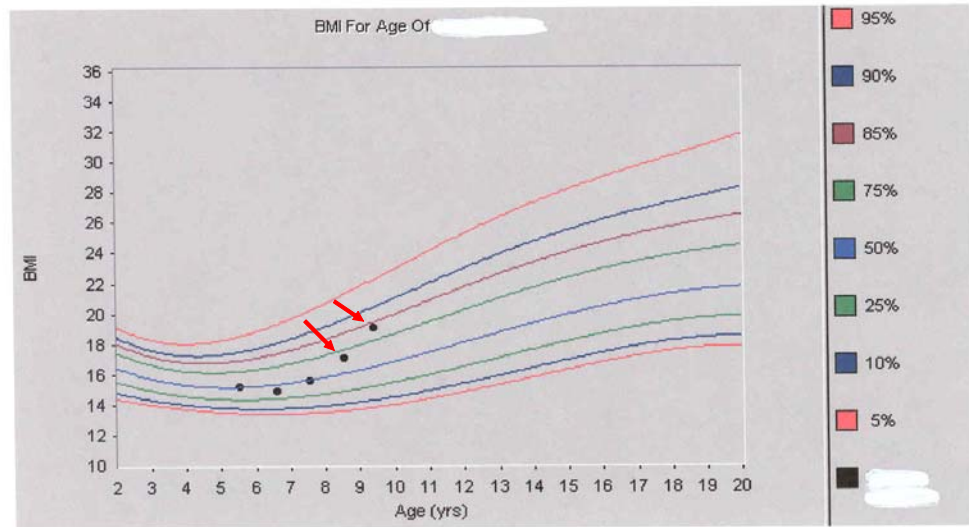


# Assessment



## Student Information

Date of Measurement	Age (mos)	Height (in)	Weight (lbs)	Weight (ozs)	BMI	BMI Percentile
11-10-1999	66.16	43	40		15.21	51.41
12-15-2000	79.34	46.5	46		14.96	39.94
11-15-2001	90.34	48	51		15.56	48.62
11-22-2002	102.56	50.25	61.25		17.05	67.52
09-26-2003	112.68	52	73.25		19.05	82.49

## Indication of future risk

This graph depicts the BMI-for-age of a girl from 5 years 5 months old to 9 years 3 months old. Her BMI percentile remained within the expected norm for her age and gender, ranging from the 51<sup>st</sup> to the 82<sup>nd</sup> percentile. However, she experienced two significant increases in BMI: an increase of 1.49 BMI units in 2002 and another increase of 2.0 units in 2003. Consequently, she was at the 49<sup>th</sup> percentile in November 2001 and underwent an alarming increase in BMI to reach the 82<sup>nd</sup> percentile by September 2003. Nutrition and activity counseling in 2002 may have averted this excessive weight gain. *Although her BMI remained within the “so-called” healthy range, this pattern of growth indicates the need for a referral to a qualified health professional.*