

Letter sent to parents of a child whose weight is below the 5th percentile of CDC guidelines for gender- and age-specific BMI.

EAST PENN SCHOOL DISTRICT

800 Pine St.
Emmaus, PA 18049
610-966-8300

Dear Parent / Guardian,

Your child had his/her height and weight measured as part of the state mandated health screening for all enrolled students.

Based on these measurements, your child's BMI (Body Mass Index) falls below the 5th percentile for age and gender. Please refer to the attached graph. You may wish to share this information with your family health care provider.

A child with a BMI below the 5th percentile may be underweight. Sometimes this low weight is the first sign of a medical condition that has previously been undiagnosed. Being underweight may also be the result of inadequate nutrition or eating disorders.

The East Penn School District is concerned with the wellness/fitness of all of our students. It is our responsibility to ensure that we do everything possible to maintain or improve the well-being of the children who attend our schools. We encourage you to contact our office with any questions you may have. We also have materials concerning wellness/fitness available to you.

Please be informed that the information that is presented to you is treated with the strictest confidentiality. This information has not been discussed with your child.

School Nurse: _____

School: _____

Telephone: _____